

The background of the entire image is a dense, repeating pattern of stylized green tropical leaves, likely palm fronds, set against a white background. The leaves are rendered in various shades of green, from a vibrant lime to a deep forest green, with some darker green veins and shadows to give them a three-dimensional appearance. They are arranged in a way that creates a lush, jungle-like atmosphere.

THE
SPA

BYRON AT BYRON

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Open seven days from 9:00am

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VITALITY



PHILOSOPHY

Take shelter on the sacred country between land and sea, discover The Spa, an oasis beside a lush ancient rainforest.

Linger in a sanctuary of relaxation before your treatments and immerse yourself in the mineral spa, luxurious shower and steam room.

The Spa embraces restorative treatments with like-minded products reflecting our passion for natural healing.

Breathe in, reconnect to the healing benefits of the rainforest and restore balance and calm to body and mind.

SPA SIGNATURE TREATMENTS

RAINFOREST COUPLES RETREAT (2 hours) \$375 per person

Begin your journey with a guided walk to the heart of the rainforest to discover your private and tranquil retreat. Your treatment commences with a foot cleanse and soak followed by a Jindilli lime blossom body scrub, preparing you for a 90 minute massage with The Spa's signature aromatherapy blend. Luxuriate in time and nature. Conclude your treatment with the Beauty Chef Inner Beauty Elixir and graze from an indulgent Seasonal platter. (Seasonal treatment).

ELIXIR FOR TWO (3.5 hours) \$460 per person

Full body relaxation massage and certified organic Mukti facial. Enjoy a therapeutic mineral salt bath and lunch for two in your private retreat. Conclude with the Deluxe Foot Indulgence treatment.

ELIXIR ROYALE (3 hours) \$445

Commence the Elixir Royale with a foot cleanse, soak and scrub followed by an invigorating dry body brush. Your treatment then progresses to a full body massage followed by an energising Pevonia facial. Conclude with an express mani and pedi and celebrate with a glass of champagne.

INNER BEAUTY ELIXIR (2 hours) \$310

Begin with an extensive body exfoliation followed by a decadent shower and nourishing body wrap, personalised with a soothing mandarin or warming cinnamon oil. Relax with a certified organic Mukti facial and scalp massage. Slowly awaken with a pressure point massage of the feet. Sample the 'Beauty Chef' Collagen Boost Elixir to complete your treatment.

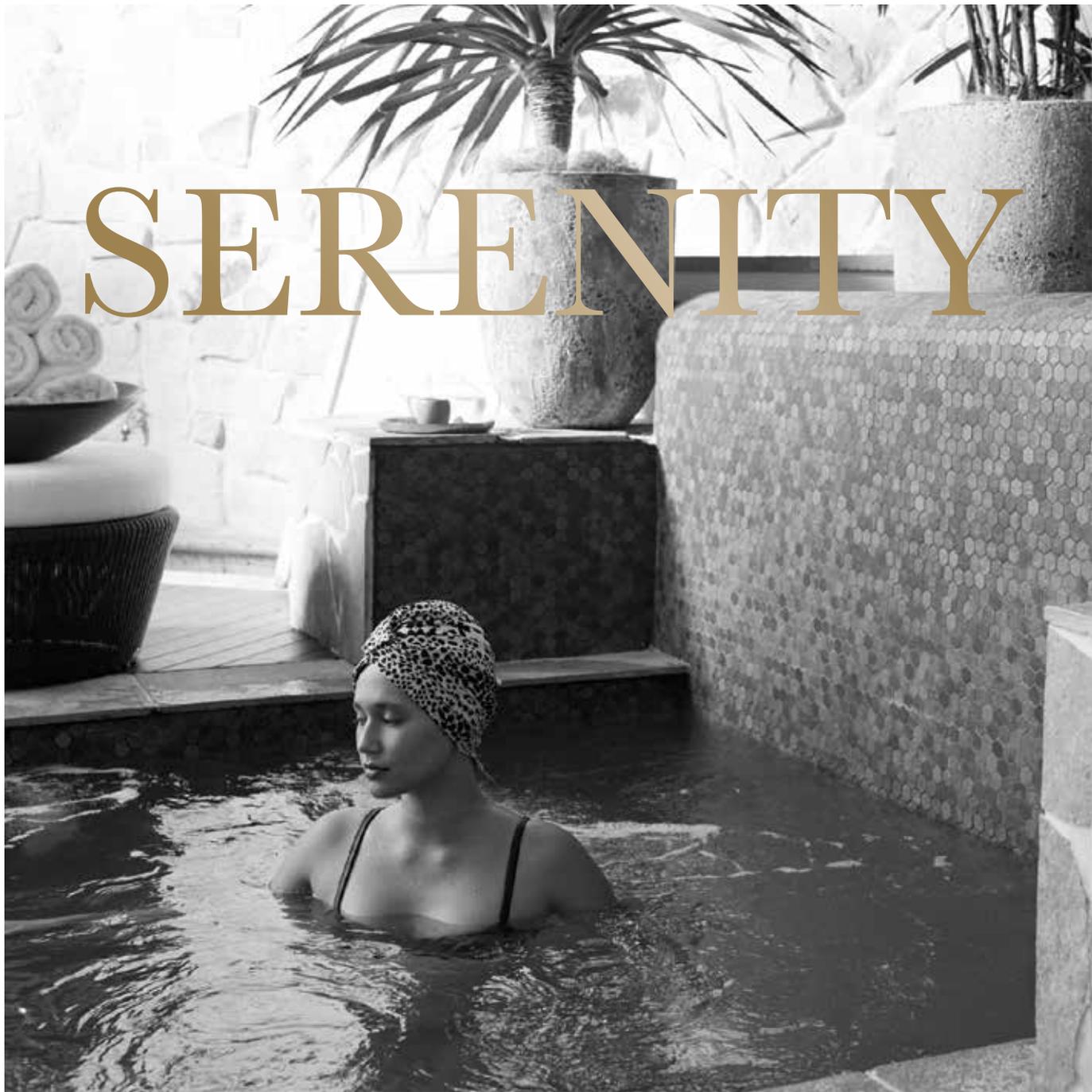
TEMPLE OF THE HEART (2 hours) \$310

Designed to melt away tension, commence with a foot soak and cleanse including aromatic salts followed by an invigorating dry body brush. Relax with a back massage using Shamana's Crystalline Elixir Heart Oil, incorporating hot stone placement and massage. A nurturing heart chakra balancing brings a little Byron style in the form of specialised energy work to open the heart. Treatment includes a divine head, neck and facial massage. Continue the journey with your selection of two of the following:

Enhancements: Renew, Refresh, Nurture, Relieve or Soothe

Refer page 15.

SERENITY



FACIALS

All facials include a thorough deep cleanse, steam exfoliation and scalp, neck, shoulder, hand and arm massage. Conclude with a tailored mask selected in consultation with your therapist to target your individual skin requirements.



NEW LIFE FACIAL (90 minutes) \$290

Pevonia Phyto Elite Facial

Experience the latest advancement in skin technology and ingredients using active plant stem cells or argan and comfrey. Leaving your skin feeling hydrated with a visible reduction in fine lines. With distinct and immediate results, this facial includes an aromatic foot scrub and soak and relaxing back massage. Suitable for all skin types.

ENERGISE FACIAL (60 minutes) \$155

Pevonia Botanica Aromatherapy Restorative Facial

A blissful facial with relaxation in mind, to re-energise and brighten. This customised Pevonia aromatherapy facial is designed to restore healthy skin and will complement your ongoing skin care regime.

Upgrade with Active ampoule (\$25), Luminous intensive eye treatment (\$55)

HIGH PERFORMANCE FACIAL (60 minutes) \$205

Designed to meet your skin's specific needs, liaise with your therapist to create a personalised treatment. Select calming and strengthening to soothe and purify, or brightening and hydrating with vitamin C and seaweed.

LUXURY VEGAN FACIAL (60 minutes) \$160

Mukti Organics

Feel renewed with certified organic extracts. Consult with your therapist to devise the ultimate facial for you to target dehydration, sensitivity, anti-ageing or congestion. (Upgrade to age defiance \$20).

LUSCIOUS LASHES \$105

Elleebana long lasting lash lift and curl (up to 8 weeks) making your natural lashes look longer and fuller. Includes lash tint.

LUMINOUS \$55

Intensive Eye Treatment (with any facial)

Ginkgo biloba treatment mask for dark circles or collagen serum to smooth wrinkles and tighten the delicate eye contour.

Enhancements: Relieve, Nurture. Refer page 15.

MASSAGE

COMBINATION MASSAGE

Connective Tissue Therapy

(60 minutes) \$170

(90 minutes) \$220

A full body combination style sensory experience. The therapist's contact is generally broad, slow, and intentional. The approach is intense but not painful; allowing your body to relax at a deeper level.

Choose your desired scent of *Combination Infusion Oil #alchemyintheraw. Blend of tissue salts, plant flower essences, essential oils and carrier oils.

HAWAIIAN HEALING MASSAGE

Dynamic and Deeply Nurturing

(2 hour) \$315

An exquisite combination of Kahuna and Lomi Lomi massage for 90 minutes incorporating hot stones, followed by 30 minute body scrub. Aimed to release tension, stretch and energise the body.

KAHUNA MASSAGE

Energetic and Relaxing

(90 minutes) \$225

Follow your bliss and experience the transformative power of touch with this unique Hawaiian massage journey.

PREGNANCY MASSAGE

Gentle Nurturing

(60 minutes) \$165

(90 minutes) \$215

A relaxing treatment using oil blends aimed at enhancing cell regeneration and circulation. (Suitable after first trimester).

RELAXATION MASSAGE

Calming and Soothing

(60 minutes) \$160

(90 minutes) \$210

A full body massage integrating Swedish and Eastern traditions for a deep sense of overall calm.

THERAPEUTIC MASSAGE

Healing and Repair

(60 minutes) \$175

(90 minutes) \$225

Designed to assist with healing. Therapist can incorporate Remedial style, Deep Tissue and other beneficial massage techniques to target your specific needs.



SUGGESTED ENHANCEMENTS

\$95 Each

Nurture, Soothe, Refresh, Renew
Refer page 15.

AROMATHERAPY

Extra \$10

Complete the experience with a specially
selected essential oil blend to help ease
tension, detox and balance the body.

A woman with her hair in a bun is seen from behind, relaxing in a hot tub. The hot tub is set on a stone deck with a mosaic-patterned bench at the far end. The scene is decorated with potted plants and a teapot on a tray. A white text box is centered over the image.

BODY TREATMENTS

EARTHLY CLAY WRAP (90 minutes) \$225

A treatment designed to encapsulate every part of the body. Beginning with a lime blossom sugar body scrub, your body is prepared for the application of warmed ancient clay and macadamia oil with lavender and chamomile to soothe. As your body is enveloped, experience a cleansing facial. Rinse with an invigorating shower and return to conclude your treatment with a blissful macadamia milk application.

MOOR MUD COCOON (60 minutes) \$175

A dry body brush followed by the application of warm mud and body wrap designed to soothe muscular tension, aches, cramps, rheumatism and arthritis. Conclude with a moisture replenishing body oil treatment.

COOLING BODY COCOON (60 minutes) \$175

Commencing with a cool foot cleanse and soak, your body is enriched with a mask of aloe and cold pressed macadamia oil. Relax with a nurturing foot and scalp massage. This treatment is designed to soothe sunburn or resolve dry skin issues.

Enhancements: Relieve, Nurture, Soothe

HAND AND ARM RESTORATION (60 minutes) \$150

A revitalising lime blossom exfoliation followed by a hand and arm massage, nourishing mask and manicure with long lasting polish.

DELUXE FOOT INDULGENCE (60 minutes) \$150

A purifying foot cleanse, exfoliation and salt bath followed by a soothing foot and lower leg massage with the use of heated stones. Includes full pedicure with long lasting polish.

BODY AND SOLE (60 minutes) \$160

Stimulate, rejuvenate and soothe the soles of your feet. Firm massage using reflexology points and a cleansing foot bath.

Enhancements: Manicure or pedicure, Nurture

Refer page 15.



RELAX

MEN'S TREATMENTS

SOUL MAN (60 minutes) \$175

A Body treatment commencing with a back cleanse and scrub followed by a firm, muscle focused back massage. Conclude with a facial cleanse, exfoliation and massage.

MAN IN THE MIRROR (60 minutes) \$155

A relaxing and rejuvenating facial for men that cleanses and exfoliates with the Pevonia Botanica range. Includes facial, neck and shoulder massage to relieve tension.

ABSOLUTE MAN (60 minutes) \$160

Certified organic Mukti facial that includes Indigenous active ingredients. Designed to purify and cleanse. Unwind with a soothing foot massage.

MAN-ICURE (60 minutes) \$150

Invigorating hand and arm exfoliation with cuticle and nail tidy. Relax with a hand mask. Conclude with a scalp, neck and shoulder massage.

NECK, BACK AND SHOULDER MASSAGE (60 minutes) \$170

A deep tissue massage aimed at relieving hard to move tension and stress.

Enhancements: Nurture, Soothe

Refer page 15.

A close-up photograph of several bright green ginkgo leaves against a white background. The leaves are fan-shaped with distinct venation. A white rectangular box is centered over the image, containing the text 'LINGER & LUXURIATE' in a gold-colored serif font.

LINGER &
LUXURIATE



ENHANCEMENTS

Top up your treatment with an extra 30 minute enhancement.

Our Spa enhancements go with any massage, body or facial treatment.

CALM \$95

Pevonia Mini Facial

Cleansing steam exfoliation and facial massage. Upgrade with an active ampoule (extra \$25)

NURTURE \$95

Scalp Oil Treatment

Deep nurturing scalp and hair massage with Mukti hair serum for superior smoothness and frizz protection. Concludes with a warm conditioning hair mask.

REFRESH \$95

Mukti Mini Facial

Certified organic bioactive native Australian extracts cleanse, purify and nourish. Suitable for all skin types.

RELIEVE \$95

Back Massage

Aromatic back massage with heated local Jindilli macadamia oil.

RENEW \$95

Local Jindilli Lime Blossom Sugar Scrub

Exfoliation, skin hydration and promotion of cell renewal.

SHINE \$95

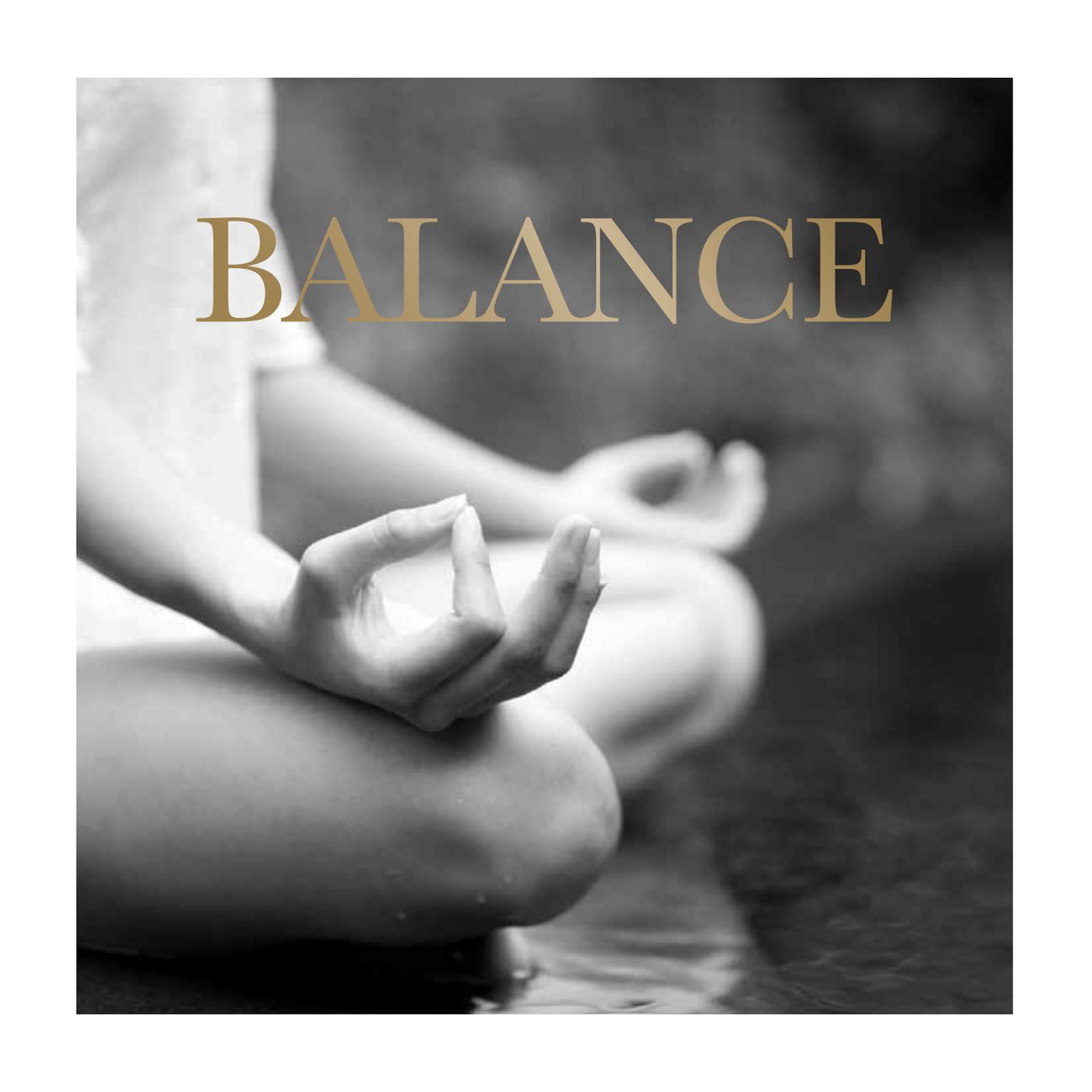
Triple Coconut Scrub

Extensive body exfoliation, includes refreshing shower.

SOOTHE \$95

Superior Foot Revival

Soak, cleanse and scrub using The Spa's signature blend with Epsom and Australian sea salts. Includes lower leg and foot massage with reflexology points.

A black and white photograph of a person sitting in a meditative pose, likely a lotus or similar cross-legged position. The person's hands are held in a mudra (gesture) in front of them, with the index and thumb fingers touching. The background is dark and out of focus. The word "BALANCE" is written in a large, gold, serif font across the upper portion of the image.

BALANCE

BODY WELLNESS *Uplift the senses with a Body Wellness session.*

PRIVATE YOGA

(60 minutes) \$175

Unwind, restore and reboot. Private yoga classes are held in the idyllic rainforest surrounds. Classes are personalised to beginner or seasoned practitioners. Our teachers are trained in a variety of yoga styles to best suit your needs.

PRIVATE GUIDED MEDITATION

(60 minutes) \$175

Focus your mind and allow yourself to drift away through guided meditation. Applying breathing and other relaxation techniques, find your inner peace amongst the surrounds of the rainforest.

INFRARED SAUNA SESSIONS

POA

To be used in conjunction with any other treatments.

Experience an anti-ageing, collagen boosting, wound-healing, anti-inflammatory, calorie burning and mood boosting in our infrared sauna. A session in the infrared sauna includes chromo-therapy lighting and music therapy to recover, detox and rejuvenate your mind, body and soul.

5 SENSES FOREST BATHING

1 -3 person (max 5) \$205

Group activity 5-10 person \$265

Experience something truly unique at The Byron at Byron Spa, Forest Mindfulness the ancient art of Forest Bathing. Japanese call it Shinrin yoku. Our indigenous call it Dadirri. This experience is about immersing yourself in the rain forest and tapping into its healing qualities. It is about actively listening while gently moving through the forest. You will be guided, quietly walking, with a mind intent on the sounds, scents, colours and "feel" of the forest It's an incredible way to step into absolute relaxation. We offer this experience exclusively at the Byron at Byron.

COUPLES ROOM UPGRADE

A private area that can be booked after your chosen spa treatment to enjoy a private Roman bath and lounge area. Ask The Spa team about our catering options.

SPA GROUP BOOKINGS

The Spa offers a dedicated private space for everything romantic or celebratory. We can tailor an experience personalised to your needs.

Contact The Spa team on 02 6639 2110 to arrange a group booking.



BYZON
RESORT

SPA ETIQUETTE

The Spa offers a shared tranquil environment, we encourage our visitors to respect the privacy and peace of fellow spa guests.

RESERVATIONS AND PAYMENT

Please call The Spa team on 02 6639 2110 or in-room extension 2110 to make a booking. All bookings must be guaranteed with a credit card, gift voucher or guest room number. A credit card surcharge of 1.5% applies.

Please note a 10% surcharge applies on Sundays and public holidays.

ARRIVAL

We recommend you arrive at least 45 minutes prior to your treatment to take advantage of the relaxation area, steam room and heated mineral spa. If this is your first visit, we require you to complete a health questionnaire. We provide robes, spa slippers, towels and lockers to secure your belongings.

HEALTH AND WELLBEING

It is not advisable to consume alcohol prior to your treatment. We recommend staying hydrated pre and post treatment. If you are pregnant or have special medical concerns, please advise our team at the time of booking.

We are unable to offer spa treatments if you are experiencing cold and flu symptoms.

CANCELLATION

We require 24 hours' notice should you wish to cancel your booking. Cancellation within 24 hours of your booking will incur a 50% cancellation fee. Cancellation without notice or no-shows will incur the full treatment fee.

Spa guests must be a minimum of 16 years of age.

PRODUCTS

The Spa prides itself on using products that align with our philosophy of natural healing and restorative treatments.

MUKTI ORGANICS

Formulated with a distinct focus on eco luxury and quality, each product contains a unique blend of bioactive, native Australian extracts that address particular skin types or conditions. Native Australian extracts are sourced locally, supporting the Indigenous communities that harvest them.

JINDILLI

The word 'Jindilli' is an Indigenous Australian name for the macadamia nut. Locally harvested, pure oil is extracted from micronutrient rich macadamia nuts for Jindilli lotions. Natural and fully bio-available, pure macadamia oil nurtures, hydrates and restores.

PEVONIA BOTANICA

For over two decades Pevonia has been the leader in delivering natural skincare solutions to the finest spa and professional aestheticians worldwide with products that restore, rejuvenate and revitalise.

THE BEAUTY CHEF

The first step to healthy, radiant skin is balancing digestive health. Good skincare follows. The Beauty Chef organic skincare range blends selected food ingredients with a natural fermentation process to bring out the best in the ingredients and keep the skin's ecosystem strong and healthy.

SHEMANA, CRYSTALLINE THERAPY ELIXIRS

The organic botanical oils, superfood fruit extracts and pure essential oils are sourced for their anti-ageing, restorative and nourishing properties. Holistic Crystalline remedies embody the energetic imprint of Earth's natural medicine, activating an endless healing potential.

ALCHEMY IN THE RAW

Created in the hills north of Byron Bay, Australia - our hand crafted artisan line of small-batch health & wellbeing combinations are infusions into 100% organic oil, formulated from aromatherapy, Australian bush flower essences, tissue salts and homeopathy with the pure intention of nourishing, balancing and nurturing the skin, body, mind and spirit.

MUKTI
naturally organic skincare

Jindilli
rite of renewal

pevonia



SHEMANA

ALCHEMY IN THE RAW™
THE ART OF TRANSFORMATION



THE BYRON AT BYRON RESORT & SPA
77-97 Broken Head Road, Byron Bay NSW
crystalbrookcollection.com/byron