

GRAINS, SEEDS AND NUTS

Available till 2pm \$16

Please chat to our Food and Drink Guides for today's options available in our grab and go fridge

Greek yoghurt with granola, toasted coconut, berries, banana and kiwi fruit served with honey (V)

Coconut bircher muesli served with maple syrup, roasted hazelnuts and apricots (V)

Acai crunch with banana, berries, granola and almond milk (VG)

Acai citrus with kiwi fruit, passionfruit pulp, pineapple and orange (GF) (VG)

Add on Rainforest Honey, peanut butter, protein, Nutella, or chia seeds \$3

PANINI MELTS \$16

Grab from the fridge and we will toast them up

Smoked chicken panini with cheese, spinach, roasted capsicum and pesto

Buongiorno panini with prosciutto, salami, rocket, sun-dried tomatoes and shaved parmesan

Crystalbrook Signature beef panini with caramelised onion, mustard, confit mushrooms and Swisse cheese

Roasted pumpkin, spinach and feta with beetroot puree (V)

EGGS

Available till 11am

Classic or egg white omelette served with two pieces of toast and your choice of two of the following; hash browns, sautéed mushrooms, baked beans, grilled tomatoes or bacon \$22

Two eggs cooked your way served on two pieces of thick multigrain toast with smashed avocado, smoked salmon, caper berries and Spanish salsa \$27

Huevos rancheros with two soft fried eggs, crispy tortilla, smashed beans, spicy tomato coriander sauce and sliced avocado with feta cheese crumble \$25

Extras \$6

Beef sausages	Smashed avocado (VG)
Hash browns	Baked beans (VG)
Bacon	Grilled tomatoes (VG)
Mushrooms (V)	

WRAPS \$12

Chicken Caesar wrap, with cos lettuce and bacon

Philly steak wrap with grilled Signature Crystalbrook Beef, provolone cheese, roasted capsicum, caramelised onion with garlic aioli

Roasted pumpkin, spinach and feta wrap with beetroot puree (V)

FRESH GREENS

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Choice of the following; lemon vinaigrette, yoghurt dressing, wasabi dressing, balsamic vinaigrette

Greek kale salad with quinoa, poached chicken, sweet potato and feta cheese (GF) \$18

Poké bowl with salmon, avocado, brown rice, edamame, cucumber, carrot, pickled ginger and nori (GF) \$18

Grilled Crystalbrook Signature beef salad with pumpkin, broccoli, chickpeas, Spanish onion and greens (GF) \$21

Roasted beets, quinoa and parsley salad served with oranges and carrot on a bed of zoodles (VG)(GF) \$16

Teriyaki chicken bowl, with brown rice, cucumber, greens, tomato and carrot (GF) \$21

Take it away

Food and drinks are available to take away in eco-friendly, rapidly renewable and biodegradable BioPak and Vegware packaging.



(V) Vegetarian (GF) Gluten Free (VG) Vegan (DF) Dairy Free

* Please note 15% surcharge applies on public holidays

Greenfields

HARVEST COLD PRESS JUICES \$10

Blood Bank

Beetroot, apple, ginger

Little Green

Pear, cucumber, celery, lemon,
kale, spirulina, ginger

Ruby Tuesday

Pear, watermelon, apple, rhubarb
and strawberry

Endless Summer

Pineapple, lemon, cayenne
pepper, ginger

Orange Sky

Pure orange juice

Cloudy apple juice

Pure apple juice

SMOOTHIES \$9

Strawberry Split

Strawberry and banana

Passion Punch

Passion fruit, mango and pineapple

Kale Kick

Kale, spinach and mango

Caribbean

Avocado, broccoli, spinach,
mango, coconut, ginger and lime

Coco Loco

Coconut, pineapple, mango, mint, lime

Berry Delight

Raspberry, blueberry and banana

*Choose from coconut milk, almond milk, coconut water,
skim milk or full cream milk*

COLD DRINKS \$5

Chilled kombucha organic green tea range

Ginger, mango, coconut lime or berry

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HOT DRINKS

\$4.5 (8oz) \$5 (12oz)

Two Seasons Coffee Blend and Little Marionette Single Origin

Choose your bean, single origin or blended

Espresso	Cappuccino
Short black	Mocha
Long black	Turmeric latte
Flat white	Chai latte
Café latte	Hot chocolate
Piccolo latte	Matcha latte

Milk selections

Full, skim, almond, coconut or soy

SELECTION OF TEAS BY TWG \$4.50

English Breakfast

This classic was originally blended as an accompaniment to the traditional English breakfast. Very strong and full-bodied with light floral undertones, this broken-leaf black tea is perfect with morning toast and marmalade

French Earl Grey

A fragrant variation of the great classic, this black tea has been delicately infused with citrus fruits and French blue cornflowers

Black Chai

This robust chai black tea blend reveals a remarkable union of rare and aromatic Indian spices. A warm yet soothing TWG Tea, delicious alone or with a dash of milk

Moroccan Mint

A great favourite, this fine green tea is perfectly blended with suave and strong Sahara mint. A timeless classic

Silver Moon

A blend of green teas accented with a grand berry and vanilla bouquet. Refined, with just a hint of spice. A tea for that special moment

Chamomile

Soft and soothing, these rare chamomile flowers boast a rich honey aroma and yield a golden, theine-free cup

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COCKTAILS

Classics

Espresso Martini

Eristoff Vodka, Tia Maria and a shot of freshly extracted espresso

Classic Margarita

El Jimador Blanco Tequila, Cointreau, pressed lime and lemon juice vigorously shaken and presented in salt crusted glass

Mojito

Bacardi Rum, muddled limes, Greenfields sugar syrup and fresh mint leaves

Strawberry Daiquiri

Bacardi Rum, Cointreau, pressed lime juice, fresh strawberries and Greenfields sugar syrup

Passion Mai Tai

Bacardi Oro Gold Rum, pressed lime, pineapple and orange juice, grenadine and passionfruit syrup

Lynchberg Lemonade

Jack Daniels Tennessee Whiskey, Cointreau, fresh lemon topped with lemonade

Kiwi Crush

Midori, Eristoff Vodka, muddled lemon and kiwi fruit, topped with soda

Pitchers to share

What's a punch between friends anyway?

Pimm's No 1 served with Ginger Beer over ice and garnished with fresh fruit, lime and mint, topped with sparkling lemonade

Traditional Spanish Sangria served over ice with fruit garnishes, topped with ginger ale and orange juice

White wine Sangria served over ice with lychees, apple juice and topped with sparkling lemonade

Mojito with Bacardi Rum muddled limes, Greenfields sugar syrup and fresh mint leaves

Frose, a blend of Rosé served with strawberries, citrus and ice

Greenfields Iced Tea served with bourbon, lemon iced tea, mint syrup and lemon juice

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TAP BEER

XXXX Gold
Furphy Refreshing Ale
James Squire 150 Pale Ale
Kosciuszko Pale Ale
Little Creatures Bright
Stone & Wood Pacific Ale
James Squire Orchard Crush Apple Cider
Burleigh Blonde
Heineken
Birra Moretti Lager

MID AND LIGHT BEER

Hahn Super Dry 3.5%
Iron Jack
Asahi Soukai 3.5%
Boags Premium Light
Peroni Leggera

CRAFT BEER

Single Finn Summer Ale
Young Henrys Newtowner Pale Ale
Newstead 3 Quarter Time Season Ale
Little Creatures Rogers
Matso Ginger Beer

LOCAL BEER

Great Northern
Pipsqueak Cider
Boags Premium Lager
Hahn Super Dry
Tooheys New

INTERNATIONAL BEER

Birra Moretti	Italian
Corona	Mexican
Stella Artois	Belgian
Kirin	Japanese
Asahi Super Dry	Japanese
Peroni Nastro Azzurro	Italian

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SPARKLING

NV Jean Pierre Brut
NV Craigmoor
NV Il Fiore Prosecco DOC

Riverina, NSW
St. Leonards, NSW
Northern Italy, Veneto

CHAMPAGNE

NV Piper Heidsieck Cuvee Brut
NV Mumm Cordon Rouge

WHITE

Riesling

2017 Sister's Run St Petri's
2017 Tim Gramp

Eden Valley, SA
Clare Valley, SA

Chardonnay

2018 Vivo
2016 Pocketwatch

Riverina, NSW
Central Ranges, NSW

Sauvignon Blanc

2017 Crystalbrook Collection
2017 Pocketwatch

Regional NSW
Pemberton, WA

Pinot Grigio/Pinot Gris

2017 Pocketwatch
2017 Dal Zotto

Central Ranges, NSW
King Valley, VIC

Rose

2018 Luna Rosa

Central Ranges, NSW

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Greenfields

RED

Pinot Noir

2016 Crittenden Estate Peninsula

Mornington, VIC

Cabernet Sauvignon

2016 Vivo

2014 Pocketwatch

Riverina, NSW

Central Ranges, NSW

Shiraz

2017 Crystalbrook Shiraz

2014 Pocketwatch

Regional NSW

Central Ranges, NSW

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