

## GRAINS, SEEDS AND NUTS

Available till 2pm \$16

Please chat to our Food and Drink Guides for today's options available in our grab and go fridge

Greek yoghurt with granola, toasted coconut, berries, banana and kiwi fruit served with honey (V)

Coconut bircher muesli served with maple syrup, roasted hazelnuts and apricots (V)

Acai crunch with banana, berries, granola and almond milk (VG)

Acai citrus with kiwi fruit, passionfruit pulp, pineapple and orange (GF) (VG)

Add on Rainforest Honey, peanut butter, protein, Nutella, or chia seeds \$3

## PANINI MELTS \$16

11am - close

Grab from the fridge and we will toast them up

Smoked chicken panini with cheese, spinach, roasted capsicum and pesto

Buongiorno panini with prosciutto, salami, rocket, sun-dried tomatoes and shaved parmesan

Crystalbrook Signature beef panini with caramelised onion, mustard, confit mushrooms and Swisse cheese

Roasted pumpkin, spinach and feta with beetroot puree (V)

## EGGS

Available till 11am

Classic or egg white omelette served with two pieces of toast and your choice of two of the following; hash browns, sautéed mushrooms, baked beans, grilled tomatoes or bacon \$22

Two eggs cooked your way served on two pieces of thick multigrain toast with smashed avocado, smoked salmon, caper berries and Spanish salsa \$27

Huevos rancheros with two soft fried eggs, crispy tortilla, smashed beans, spicy tomato coriander sauce and sliced avocado with feta cheese crumble \$25

### Extras \$6

Beef sausages	Smashed avocado (VG)
Hash browns	Baked beans (VG)
Bacon	Grilled tomatoes (VG)
Mushrooms (V)	

## WRAPS \$12

11am - close

Chicken Caesar wrap, with cos lettuce and bacon

Philly steak wrap with grilled Signature Crystalbrook Beef, provolone cheese, roasted capsicum, caramelised onion with garlic aioli

Roasted pumpkin, spinach and feta wrap with beetroot puree (V)



## FRESH GREENS

Available till 2pm

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Choice of the following; lemon vinaigrette, yoghurt dressing, wasabi dressing, balsamic vinaigrette

Greek kale salad with quinoa, poached chicken, sweet potato and feta cheese (GF) \$18

Poké bowl with salmon, avocado, brown rice, edamame, cucumber, carrot, pickled ginger and nori (GF) \$18

Grilled Crystalbrook Signature beef salad with pumpkin, broccoli, chickpeas, Spanish onion and greens (GF) \$21

Roasted beets, quinoa and parsley salad served with oranges and carrot on a bed of zoodles (VG)(GF) \$16

Teriyaki chicken bowl, with brown rice, cucumber, greens, tomato and carrot (GF) \$21

### Take it away

Food and drinks are available to take away in eco-friendly, rapidly renewable and biodegradable BioPak and Vegware packaging.

(V) Vegetarian (GF) Gluten Free (VG) Vegan (DF) Dairy Free

\* Please note 15% surcharge applies on Public Holidays

Greenfields

## HRVST ST COLD PRESS JUICES \$10

### Blood Bank

Beetroot, apple, ginger

### Little Green

Pear, cucumber, celery, lemon,  
kale, spirulina, ginger

### Ruby Tuesday

Pear, watermelon, apple, rhubarb  
and strawberry

### Endless Summer

Pineapple, lemon, cayenne  
pepper, ginger

### Orange Sky

Pure orange juice

## SMOOTHIES \$8

### Tropical Bliss

Pineapple, banana, Greek yogurt,  
coconut milk and chia seeds

### Kick Start

Banana, pure apple juice and  
Acai (Ah – Sigh-EE!) puree

### Tablelands Best

Lychees, mango, coconut milk,  
lime and pineapple

### Berry Blast

Blueberries, wolfberry, coconut  
water, strawberries and banana

### Build your own

Choose one – four of the above ingredients

#### Add your booster:

Cacao, matcha, Maqui berry, Acai puree, protein powder, peanut butter  
or Nutella *\$2 each*

## COLD DRINKS \$5

### Chilled kombucha organic green tea range

Ginger, mango, coconut lime  
or berry

## REFRESHING JUICES \$4

Orange, apple, pineapple,  
tomato or cranberry

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renewable and biodegradable

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## HOT DRINKS

\$4.5 (8oz) \$5 (12oz)

### Two Seasons Coffee Blend and Little Marionette Single Origin

*Choose your bean, single origin or blended*

Espresso	Cappuccino
Short black	Mocha
Long black	Turmeric latte
Flat white	Chai latte
Café latte	Hot chocolate
Piccolo latte	Matcha latte

### Cold Brew Coffee

Beans are coarsely ground and steeped in water for up to 24 hours to produce a concentrated coffee essence, which is then diluted to taste and served chilled **\$7**

### Milk selections

Full, skim, almond, coconut or soy

## SELECTION OF TEAS BY TWG \$4.50

### English Breakfast

This classic was originally blended as an accompaniment to the traditional English breakfast. Very strong and full-bodied with light floral undertones, this broken-leaf black tea is perfect with morning toast and marmalade

### French Earl Grey

A fragrant variation of the great classic, this black tea has been delicately infused with citrus fruits and French blue cornflowers

### Black Chai

This robust chai black tea blend reveals a remarkable union of rare and aromatic Indian spices. A warm yet soothing TWG Tea, delicious alone or with a dash of milk

### Moroccan Mint

A great favourite, this fine green tea is perfectly blended with suave and strong Sahara mint. A timeless classic

### Silver Moon

A blend of green teas accented with a grand berry and vanilla bouquet. Refined, with just a hint of spice. A tea for that special moment

### Chamomile

Soft and soothing, these rare chamomile flowers boast a rich honey aroma and yield a golden, theine-free cup

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## COCKTAILS

### Classics

#### *Espresso Martini* \$18

Eristoff Vodka, Tia Maria and a shot of freshly extracted espresso

#### *Classic Margarita* \$18

El Jimador Blanco Tequila, Cointreau, pressed lime and lemon juice vigorously shaken and presented in salt crusted glass

#### *Mojito* \$18

Bacardi Rum, muddled limes, Greenfields sugar syrup and fresh mint leaves

#### *Strawberry Daiquiri* \$18

Bacardi Rum, Cointreau, pressed lime juice, fresh strawberries and Greenfields sugar syrup

#### *Passion Mai Tai* \$18

Bacardi Oro Gold Rum, pressed lime, pineapple and orange juice, grenadine and passionfruit syrup

### Pitchers to share

#### *What's a punch between friends anyway?*

Pimm's No 1 served with Ginger Beer over ice and garnished with fresh fruit, lime and mint, topped with sparkling lemonade **\$35**

Traditional Spanish Sangria served over ice with fruit garnishes, topped with ginger ale and orange juice **\$30**

White wine Sangria served over ice with lychees, apple juice and topped with sparkling lemonade **\$30**

Mojito with Bacardi Rum muddled limes, Greenfields sugar syrup and fresh mint leaves **\$35**

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## TAP BEER

Birra Morretti Lager  
Heineken  
Furphy Refreshing Ale  
James Squire 150 Pale Ale  
Kosciuszko Pale Ale  
Little Creatures Bright  
XXXX Gold  
Stone & Wood Pacific Ale  
James Squire Orchard Crush Apple Cider

## MID AND LIGHT BEER

Hahn Super Dry 3.5%  
Heineken 3  
Iron Jack  
Asahi Soukai 3.5%  
Boags Premium Light  
Hahn Premium Light  
Peroni Leggera

## CRAFT BEER

Single Finn Summer Ale  
Matso Ginger Beer  
Feral Hop Hog Pale Ale  
Young Henrys Newtowner Pale Ale  
Newstead 3 Quarter Time Season Ale

Newstead The Mayne Thing Golden Ale  
Mountain Goat Fancy Pants  
Little Creatures Bright  
Little Creatures Pale  
Little Creatures Rogers

## LOCAL BEER

Great Northern  
Boags Premium Lager  
Boags Draught  
Hahn Super Dry  
Tooheys New  
XXXX Bitter  
Pipsqueak Cider

## INTERNATIONAL BEER

Birra Moretti	Italian
Corona	Mexican
Kirin	Japanese
Stella Artois	Belgian
Asahi Super Dry	Japanese
Peroni Nastro Azzurro	Italian

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## SPARKLING

NV Jean Pierre Brut  
NV Craigmoor  
NV Il Fiore Prosecco DOC

Riverina, NSW  
St. Leonards, NSW  
Northern Italy, Veneto

## CHAMPAGNE

NV Piper Heidsieck Cuvee Brut  
NV Mumm Cordon Rouge

## WHITE

### Riesling

2017 Sister's Run St Petri's  
2017 Tim Gramp

Eden Valley, SA  
Clare Valley, SA

### Chardonnay

2018 Vivo  
2016 Pocketwatch  
2014 Kendall Jackson Vinters Reserve

Riverina, NSW  
Central Ranges, NSW  
Sonoma County, USA

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## WHITE

### Sauvignon Blanc

2017 Crystalbrook Collection  
2017 Pocketwatch  
2017 Kim Crawford

Oatley, NSW  
Western Australia  
Pemberton, WA

### Pinot Grigio/Pinot Gris

2017 Dal Zotto  
2017 Pocketwatch

King Valley, VIC  
Central Ranges, NSW

### Rose

2018 Luna Rosa  
2018 Oyster Bay Rose

Central Ranges

## REDS

### Pinot Noir

2016 Crittenden Estate Peninsula

Mornington, VIC

### Cabernet Sauvignon

2016 Vivo  
2014 Pocketwatch  
2016 The Yard

Riverina, NSW  
Central Ranges, NSW

### Shiraz

2017 Crystalbrook Shiraz  
2014 Pocketwatch  
2015 Campbell's "Bobby Burns"

Oatley, NSW  
Central Ranges, NSW  
Rutherglen, VIC

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