



FOREST

FOREST AWAKENING

Continental	20
Croissant	
Homemade jam and honey	
Choice of coconut yoghurt, natural yoghurt or chia seed pudding	
Seasonal cut fruit	

Choose your day's beginning

Buttermilk pancake with citrus mascarpone, berries and macadamia crumble	18
Zucchini and mint fritters with feta, grilled chorizo, radish and sprouts	21
Eggs benedict with leg ham, wilted spinach, and hollandaise sauce served on an English muffin with watercress salad	22
Poached eggs served on grilled sourdough with avocado, ricotta, heirloom tomatoes and basil	21
Kale and quinoa bowl with smoked salmon, mi-cuit egg, pickled ginger, coriander and miso	23

Children in the forest

Buttermilk pancake with caramelised banana, Nutella and sprinkles	12
Choice of cereal	10
Toasted banana bread with seasonal cut fruit	12
Eggs cooked your way with buttered toast soldiers, bacon or a hash brown	10

Something more

Sliced sourdough	7	Breakfast potatoes	7
Free range eggs cooked your way	7	Roasted local mushrooms	9
Grilled bacon	9	Tasmanian smoked salmon	9
Pork and fennel chipolatas	9	Sliced local cold cuts or cheese	9
Wilted spinach	9	Northern Rivers avocado	9
Roasted Cooper's Shoot tomatoes	7		

We're cash-free! As part of our Mindfully Safe heightened hygiene measures, please note we no longer accept cash as payment. Debit and all major credit cards remain very welcome.
