

A large, white, lowercase letter 'e' is centered on a teal background. Above the letter is a white, teardrop-shaped graphic element that tapers to a point at the top and widens at the bottom, resembling a drop or a stylized accent.

eléme^{spa}
RILEY

Introducing Eléme Day Spa

Eléme Day Spa is designed for the ever-evolving, ever-changing, magnificent you.

Embracing both nature and science from Australia and beyond, Eléme Day Spa's stellar menu is designed to flex, so our therapists can personalise each treatment to best suit you... your body, your skin, your mood on the day of your visit

So, whether you're in need of super-circulation-stimulation, mammoth detoxification, skin firming, smoothing, tightening, lifting, fixing or the ultimate muscle-melting rubdown, we've got you covered.

Say goodbye to the world of fussy and fluffy, it's time to embrace something fresher, bolder, and entirely more fabulous. Step out feeling like your most dazzling, unstoppable self.

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Facial Therapy

The purest, unadulterated natural ingredients from Australia's own Sodashi products are used to customise our indulgent facial treatments.

Samadara Age Defying Facial

90 mins - \$275

An exquisite facial with age-defying results. Timeless Ayurvedic healing techniques combine with rose quartz crystals, advanced antioxidant-rich products and thermal infusion to reawaken and energise your skin.

An intensely nourishing experience that helps to increase firmness, boost elasticity, correct pigmentation and restore luminosity.

Thermal Infusing Facial

90 mins - \$245

Give your skin a natural lift with this intensive facial, supercharged with volcanic clay and essential vitamins and minerals. Custom ingredients are paired with Sodashi's Thermal Infusing Mask, a warming wonder that relaxes facial muscles, stimulates circulation, aids lymphatic flow and maximises product absorption to restore elasticity, tone and radiance.

Pure Radiance Facial

60 mins - \$185

Reveal your natural radiance with a facial tailored to deliver on your skin's most pressing needs. Using Sodashi's pure plant alchemy to cleanse, exfoliate, massage, mask and moisturise, we will custom select ingredients to hyperfocus on restoring balance, inducing calm or promoting rejuvenation.

New Balance Facial

60 mins - \$185

This purifying and rebalancing experience starts with a detoxifying back exfoliation, then we turn all attention to the face with custom selected ingredients and hot aromatic compresses for a deeply cleansing facial that aims to rebalance, tone and energise the skin.

There's no better remedy for stressed and congested skin.



Massage Therapy

A truly tension-dissolving collection of massage therapies for relaxation, detoxification or reinvigoration.

Autograph of Eléme

60 mins - \$175 | 90 mins - \$235

Our signature relaxation massage is a soul-soothing aromatic ritual designed to release tension, restore energy flow and leave you feeling renewed. Enjoy the perfect escape from the everyday.

Seashell Sanctuary

90 mins - \$245

Experience the soothing warmth of heated seashells, as they smooth away tension and persistent aches. This meditative, therapeutic treatment uses Sodashi's Crystalus oil, aiming to boost circulation, relieve stress, induce deep relaxation and restore vitality.

Muscle Ease

60 mins - \$185 | 90 mins - \$245

A firm favourite, this deeply relaxing full-body massage uses our special muscle balm, a natural tonic for easing inflammation, muscle and nerve pain. Targeted techniques help to release muscle tension and relieve aches, allowing your body to reach a state of complete relaxation.

Mumma and Co.

60 mins - \$185

For mums-to-be who've passed their first trimester, this safe and delightful massage brings nurturing relief, helping to reduce oedema, balance blood pressure and ease strain on the ankles, knees and back.



Body Treatments

Designed to cleanse, detox, invigorate and revitalise, these all-over body treatments using Sodashi's potent, penetrating body products will reveal healthy, radiant skin.

You, Me and the Sea Body Boost

90 mins - \$245

Refresh the body & mind with a mineral-rich pink Himalayan salt exfoliation and detoxifying marine mineral and green clay body mask, followed by a luxurious enlivening moisturiser. The incredible energising effect of this stimulating treatment boosts circulation, hydrates, soothes, leaving your skin soft, smooth and revitalised.

Tone Up Body Boost

90 mins - \$245

Indulge in a gentle, aromatic exfoliation with jojoba beads, a collagen-boosting toning body mask, and an uplifting jasmine and rose hydration infusion. A treatment to soothe your spirit and leave your skin smooth, hydrated and radiant. *Safe for pregnancy after the first trimester.*

Enliven Salt Glow

60 mins - \$175

A detoxifying, energising exfoliation and full body moisturise to remineralise and reawaken the skin. Uplifting botanical extracts combined with mineral-rich aromatic Himalayan salts and pure plant oils for powerful skin rejuvenation and a full body enlivening refresh.

Afterglow Body Polish

60 mins - \$175

A gentle, skin softening therapy using jojoba beads and delicately scented pure botanical extracts to sweep away dead skin cells and restore hydration. Finished with a rose and jasmine infused lotion to uplift the mind and spirit. *Safe for pregnancy after the first trimester.*



Eléme Journeys

Choose from these thoughtfully curated treatment combinations that calm the mind and ground you with a therapeutic punch.

Jet Lag Remedy

90 mins - \$245

Back Exfoliation + Focus Massage + Refresh Facial + Foot Massage

Rebalance and reset with soothing therapies and Sodashi jet lag tonics. There's a Himalayan salt back exfoliation and massage to relieve stress and fatigue, a refreshing facial to restore radiance, a grounding foot massage and a blend of potent tonics to foster mental clarity and vibrant energy. Board now and send jet lag packing or simply offload some life lag.

The Eléme Collection

120 mins - \$315

Sole Soother + Focus Massage + Refresh Facial + Head in the Clouds

A combination of all our favourites - a foot soak and scrub to start followed by a massage targeting muscle tension, a perfectly executed express facial, and a hair and scalp treatment to finish.

The Great Escape

150 mins - \$375

Enliven Salt Glow + Autograph of Eléme Massage + Pure Radiance Facial

Embark on a relaxing adventure to luminous skin, a limber body and a refreshed mind with this trio of fresh and fabulous experiences.

Eléme Odyssey – Full Day Retreat

Allow 300 minutes - \$695

Sole Soother + You, Me & the Sea Body Boost + Head in the Clouds + Lunch + Autograph of Eléme Massage + Pure Radiance Facial

Nothing compares to you and how you'll feel after this all-in head-to-toe experience that has your relaxation and rejuvenation dreams covered.



Enhancements

Choose to have one of these on their own or add a little extra sparkle to your selected treatment.

Head in the Clouds

30 mins - \$85 add on | \$115 solo

Encourage healthy hair growth and revitalise damaged locks with a deep conditioning hair and scalp mask, followed by a steamy head wrap and neck and shoulder massage.

Focus Massage

30 mins - \$85 add on | \$115 solo

Choose one or two areas that your therapist can focus their skills on to reduce muscular aches and pains and increase relaxation.

Refresh Facial

30 mins - \$85 add on | \$115 solo

Plump and glow with a cleanse, exfoliating compress, soothing skin boost and a finishing layer of hydration.

Sole Soother

30 mins - \$85 add on | \$115 solo

A lavish feet treat incorporating Himalayan salts and massage with mint soothing cream to revive tired feet and improve circulation.



Couples Treatments

Experience your treatments side by side in our couples' room and finish with a complimentary glass of bubbles in our lounge afterward.

Sanctuary

150 mins - \$375 per person

*Enliven Salt Glow + Autograph of Eléme Massage
+ Refresh Facial + Head in the Clouds*

Discover the energising and harmonising effect of deep relaxation and sublime togetherness.

Couple's Retreat

150 mins - \$375 per person

*Sole Soother + Autograph of Eléme
Massage + Radiance Facial*

Enjoy a tranquil side-by-side experience of full body massage, customised facial and foot massage.

Together We Spa

90 mins - \$245 per person

Autograph of Eléme Massage + your choice of enhancement

Restore harmony and connection with a relaxing massage and your personal favourite selection from our enhancement menu.

Massage for Two

60 mins - \$185 per person | 90 mins - \$245 per person

Share the serenity with a side-by-side massage experience designed for couples, friends or family. Choose between the signature Autograph of Eléme or the deeply restorative Muscle Ease massage, personalised to your needs.



Group Treatments

Bring all your friends. Our group experiences are for a minimum of four people and include a complimentary glass of bubbles in our lounge afterward.

Focus Remedy

90 mins - \$245 per person

Sole Soother + Focus Massage + Refresh Facial

A perfect combination for all-over relaxation to leave you feeling refreshed, revived and ready to rock your day.

Comfort Therapy

60 mins - \$175 per person

Autograph of Eléme Massage or Pure Radiance Facial

Choose from either our signature Autograph of Eleme massage, or a personalised Pure Radiance facial to calm, balance, and hydrate your skin.

Your Journey into Eléme Day Spa

Arrival at Eléme Day Spa

To give you and your therapist time to plan your stellar experience, please arrive 15 minutes before your scheduled treatment time. If you arrive late, we may need to reduce your treatment time. We'll do our best to avoid that, but it's not always possible.

Medical conditions

When making your reservation, please advise us of any medical or health conditions, allergies or injuries that might affect your spa experience.

Pregnancy

Our team will help you select the most suitable treatments for you to enjoy during your pregnancy. Even though we don't massage in the first trimester, we have treatments suitable for mums-to-be as well as nursing mums.

Minimum age

You'll need to be at least 16 years of age to use the spa services.

Spa formalities

To make things more chillaxing and comfortable for everyone, mobile phones are off the menu, please place all devices on silent.

Cancellations

A 100% charge will apply for any treatments cancelled or rescheduled with less than 24 hours' notice. The same applies for no-shows and gift certificate bookings.

Gift vouchers

Gift vouchers are available for purchase online for all treatments, packages and products. Certificates are valid for 36-months from date of purchase.

Group bookings

We welcome group bookings and will be delighted to help you curate the perfect Eléme experience for you and your group.



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We recommend you book in advance to ensure your preferred time and service(s) are available.

To book a treatment or to find out more about the services we offer, contact us on:

Phone: 07 4252 7700

Email: eleme.riley@crystalbrookcollection.com

Web: crystalbrookcollection.com/eleme-spa/cairns/riley

BOOK NOW