

# CONSCIOUS COCKTAILS

**Zesty and fruity or refreshing and smooth. Each cocktail contains a supercharged shot of Beauty Chef Inner Beauty Boost. These conscious cocktails will leave you glowing for all the right reasons.**

**Each mindful blend includes a mix of bio-fermented, probiotic ingredients scientifically formulated for gut health, glowing skin and wellbeing.**

**Keep it clean and simple or get naughty and spike your concoction with a spirit.**

\*Conscious cocktails are available at Eléme Day Spa on Saturdays only or upon request.

## Glow 14

A delicious blend of vitamin C to advance the collagen formation and zinc, which contributes to normal skin structure and the maintenance of strong hair and nails. With bio-fermented papaya juice concentrate, gotu kola, Queen Garnet plum puree, organic goji, acai and maqui berries.

**Beauty Chef COLLAGEN Inner Beauty Boost, soda water and lime**

## Hydrate 14

A bio-fermented elixir to replenish thirsty, lacklustre skin from within and nurture your gut. With coconut and cucumber water, finger lime, trace minerals and magnesium for electrolyte balance.

**Beauty Chef HYDRATION Inner Beauty Boost, soda water and mango**

## Recharge 14

A bio-fermented elixir with activated vitamins B6 and B12 to help reduce fatigue, refresh tired-looking skin, calm the appearance of a rosy complexion, recharge your energy and nourish your gut. With bio-fermented papaya and adaptogenic herbs ashwagandha and holy basil.

**Beauty Chef ADAPTOGEN Inner Beauty Boost, soda water and blood orange**

eléme<sup>spa</sup>

